Overview of Member Development

One of the goals of AmeriCorps is to expand educational opportunities for those who serve as AmeriCorps Members and build future leaders. Fostering a meaningful AmeriCorps service experience is one of the mechanisms through which this goal is accomplished.

AmeriCorps programs are required to provide AmeriCorps Members with high quality knowledge- and skill-based training necessary to effectively perform service activities. Member training should be designed to:

1. **Promote Member retention**: Meeting the individual and professional goals of each Member increases Member satisfaction and leads to greater Member retention.

2. **Improve Member effectiveness**: Well-trained Members provide high quality, high impact service and increase the value of the AmeriCorps program to the organization, site, or sponsor.

3. **Improve organization quality**: Highly competent Members significantly improve the quality of services provided by sponsor organizations.

4. **Help Members develop skills**: Example skills include effective communication, conflict resolution, diversity and inclusion, leadership, outdoor education, volunteer and resource mobilization, and partnership development.
5. **Increase Member knowledge:** Members learn more about the community they’re serving and what National Service entails.

6. **Broaden attitudes and perspectives:** Training leads to an increased sense of empowerment, civic values, a service ethic, and a broader understanding of how individuals and communities are interconnected.

7. **Augment site and sponsor training:** Member development can reduce the burden of training for service sites and sponsor organizations.

8. **Promote lifelong engagement:** Providing Members with the skills and confidence necessary for successful service leads to a lifetime commitment to service and civic engagement.

**Requirements**

Member development should consist of and/or adhere to the following:

1. **New Member Orientation:** The AmeriCorps program must conduct an orientation for all AmeriCorps Members at the commencement of service. Orientation should cover topics such as the history of National Service and AmeriCorps; Member rights and responsibilities; AmeriCorps rules and regulations, including those related to prohibited activities; the program’s code of conduct; etc.

2. **Missouri-specific Member Development:** The Missouri Community Service Commission requires all AmeriCorps Members to be trained or certified in CPR, First Aid, disaster preparedness, and citizenship. MCSC also requires programs to leverage five (5) volunteers per Member Service Year (MSY).
3. **Service-Related Training:** The program must provide training relating to the knowledge, skills, and abilities necessary for effective service delivery.

4. **Life after AmeriCorps Training:** The program must provide Life after AmeriCorps training to Members to prepare them for post-service life.

**Compliance Notes**

1. The program must maintain an agenda and sign-in sheet for each training session. *Note: Training agendas and sign-in sheets are auditable documents and should be retained per the program’s records retention policy.*

2. **80/20 Rule:** No more than 20% of aggregate [combined] Member hours may be dedicated to training.

**RECAP:**

AmeriCorps programs are required to provide a New Member Orientation at the commencement of service as well as ongoing and Life after AmeriCorps training to AmeriCorps Members. An agenda and sign-in sheet must be retained for each day of training. No more than 20% of aggregate Member hours may be dedicated to training.
New Member Orientation

Overview of New Member Orientation

New Member Orientation lays the foundation for a successful term of service. One of the most important responsibilities of a program director or site supervisor is to prepare AmeriCorps Members for their service term. Incoming Members need to understand the big picture of National Service (including its history and culture) and the critical role it plays in tackling community challenges. Locally, Members need to learn about their specific program, service site locations, and community needs. Members should understand how service differs from employment and what is expected of them at their sites.

Compliance Note: New Member Orientation should be held at the commencement of a Member’s term of service.

Planning New Member Orientation

The following questions may guide the planning of New Member Orientation:

1. Is the project for an individual, a team, or a combination of the two?
2. How diverse are Member service activities?
3. Who is responsible for onsite orientation: a site supervisor, other project staff, or a combination of the two?
4. Do Members enter the program once or twice a year?
   a. *(Note: For AmeriCorps State programs, it is not a best practice to have sporadic Member enrollments/service start dates.)*

5. What AmeriCorps requirements must Members learn?

6. What are the critical foundation skills needed by most Members?

7. Does the project require a specific set of start-up skills for which Members must be immediately trained?

8. How often will the program director be in contact with Members?

**Components of New Member Orientation**

New Member Orientation should include the following topics:

- Overview of National Service and CNCS programs
- Overview of the MCSC
- Overview of the organization’s mission and goals
- Icebreakers or teambuilding activities
- Overview of Member benefits
- Prohibited activities
- Program code of conduct and disciplinary procedures
- Member rights and responsibilities
- Drug-Free Workplace Act requirements *(41 U.S.C. 701 et seq.)*
- Organizational policies and procedures *(e.g. dress code, sexual harassment policy, mileage/expense reimbursement policy, risk management procedures, grievance procedure, etc.)*
- Member position description
- Performance measurement and reporting
- Member training requirements
• Member performance expectations and performance evaluations
• AmeriCorps “elevation speech” (how to talk about AmeriCorps)

**AMERICORPS LANGUAGE 101:**

1. AmeriCorps Members should be referred to as *AmeriCorps Members*; not volunteers.
2. The AmeriCorps experience is a **term of service**; not a job or internship.
3. AmeriCorps Members **serve**; not work.
4. AmeriCorps Members receive a **living allowance**; not a salary or wage.

**Delivery Methods for New Member Orientation**

Example delivery methods include (but are not limited to):

• Lectures or other media presentations (e.g. videos)
• Individual or group brainstorming or discussion
• Testimonials from AmeriCorps Alums or returning Members
• Discussions with key community stakeholders (e.g. local leaders, board members, or beneficiaries)
• Relevant training from local community-based organizations
• Relevant training from other staff, colleagues, or organizations with expertise in the service field
• Community scavenger hunts
• Collaboration with local AmeriCorps programs
Sample Member Orientation Agenda
*Based on a 2-day orientation, not inclusive of training specific to direct service activities.

UNITED WE SERVE AMERICORPS PROGRAM
Member Orientation Agenda

**TUESDAY, AUGUST 1, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM</td>
<td>Member Arrival &amp; Sign-in</td>
</tr>
<tr>
<td>9:15 AM</td>
<td>Welcome &amp; Introductions</td>
</tr>
<tr>
<td>9:45 AM</td>
<td>Icebreaker Activity Facilitated by 2nd-yr Members</td>
</tr>
</tbody>
</table>
| 10:15 AM| ● History & Culture of National Service  
          ● Overview of CNCS and MCSC  
          ● Overview of Program Mission/Goals  
          ● Overview of Community Stakeholders | Facilitator Note: Break: 11:00 – 11:15 |
| 12:00 PM| Lunch                                                                   |
| 1:00 PM| Review/Q&A of Morning Topics                                            |
| 1:30 PM| ● Member Terms of Service  
          ● Member Benefits  
          ● Member Training Requirements  
          ● Member Position Description  
          ● Allowable vs. Prohibited Activities | Facilitator Note: Break: 2:30 – 2:40 |
| 4:00 PM| Q&A / Closing Activity                                                  |
| 4:30 PM| Announcements/Clean-up/Sign-out                                         |

**WEDNESDAY, AUGUST 2, 2017**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 AM</td>
<td>Member Arrival &amp; Sign-in</td>
</tr>
<tr>
<td>9:05 AM</td>
<td>Announcements</td>
</tr>
<tr>
<td>9:15 AM</td>
<td>Game or Activity to Review Day 1</td>
</tr>
</tbody>
</table>
| 9:45 AM| ● Member Rights & Responsibilities  
          ● Code of Conduct / Disciplinary Procedure  
          ● Grievance Procedure  
          ● Program-specific Policies | Facilitator Note: Break: 11:00 – 11:15 |
| 12:00 PM| Lunch                                                                   |
| 1:00 PM| ● Timekeeping  
          ● Performance Measure Tracking and Reporting  
          ● Member Evaluation Procedure                               |
| 3:00 PM| Best Practices from Peers Facilitated by 2nd-yr Members                  |
| 4:00 PM| Closing Reflection Activity / Distribution of AmeriCorps Service Gear     |
| 4:30 PM| Announcements/Clean-up/Sign-out                                          |
Missouri-Specific Member Development

The Missouri Community Service Commission (MCSC) has developed Missouri-specific performance measures that all programs are required to track and report progress to MCSC on a quarterly basis until completion. These requirements are as follows:

1. CPR Training/Certification

**Requirement:** 100% of Members must receive CPR training (at a minimum) and/or certification.

**Timeline:** Members should receive CPR training/certification within the first quarter of their term of service.

**Documentation:** A copy of the Member’s certification card or certificate of completion should be maintained in the Member’s file.

*Note: If a Member only receives CPR training without certification, then the program must document a justification in the Member’s file (e.g. reasonable accommodation).*

2. First Aid Training/Certification

**Requirement:** 100% of Members must receive First Aid training (at a minimum) and/or certification.

**Timeline:** Members should receive First Aid training/certification within the first quarter of their term of service.

**Documentation:** A copy of the Member’s certification card or certificate of completion should be maintained in the Member’s file.
Note: If a Member only receives First Aid training without certification, then the program must document a justification in the Member’s file (e.g. reasonable accommodation).

3. Emergency Response Training

Requirement: A minimum of 75% of Members must receive emergency response training. Emergency response training subjects include (but are not limited to):

- Incident Command Systems
- Volunteer Reception Center (VRC) Simulation
- Community Emergency Response Team (CERT) Basic Training
- School Crisis/Emergency Response Training

Timeline: It is recommended Members receive emergency response training within the first quarter of their term of service.

Documentation: A copy of the Member’s certificate of participation or completion should be maintained in the Member’s file.

4. Citizenship Training

Requirement: 100% of Members must receive citizenship training. Citizenship training should be designed to:

- Foster within Members positive attitudes regarding the value of lifelong citizenship and service for the common good;
- Enhance the ability of Members to discuss and explore their community and the people, processes, and institutions that are most effective in improving community conditions;
- Enhance the ability of Members to plan effective service projects that respond to real community needs, and/or
• Develop the social, cultural and analytical skills necessary to effectively participate in American democracy.

**Timeline:** Members should receive citizenship training prior to the completion of their term of service. Ongoing citizenship training throughout the term of service will help foster an ethic of service and encourage a service culture.

**Documentation:** A copy of the Member’s certificate of participation or completion should be maintained in the Member’s file.

---

### 5. Volunteer Recruitment

In addition to the Member training requirements, CNCS expects and MCSC requires programs to leverage volunteers to engage in community service. Members may engage in volunteer recruitment and coordination.

**Requirement:** A minimum of five (5) volunteers per MSY should be recruited.  

*Note: This is based on the number of MSY, not the number of Member slots (which may differ for programs with less-than-full-time Members).*

**Timeline:** Volunteer recruitment is ongoing for the duration of the project period proposed by the program (up to a 12-month period).

**Documentation:** Programs should have systems to accurately track the number of volunteers (without duplication) *and* the number of volunteer hours contributed. Programs should also be able to track the number of volunteers in the following categories:

- Baby Boomers (those born between 1946 and 1964)
- College Students
- Disadvantaged Children/Youth
Life after AmeriCorps

The Missouri Community Service Commission (MCSC) requires programs to provide Members with Life after AmeriCorps training. Life after AmeriCorps training helps Members make a successful transition to life after service. It does not have to be restricted to one training session at a specific point of the program year. Providing tools and information at different stages of service can help Members weigh their options and make choices that pave the way toward future goals. Emphasizing post-program/service transition may help with the retention of Members.

Examples of Life after AmeriCorps training include (but are not limited to):

- Reflection activities that assist Members in understanding their individual strengths and weaknesses;
- Reflection activities that assist Members in understanding the transferrable skills developed during the service experience (e.g. leadership, time management, project management, etc.);
- Training on how to use the Eli Segal AmeriCorps Education Award; and/or
- Training on preparing for the job search (e.g. resume writing; how to talk about the AmeriCorps experience in an interview, etc.).
Member Development: Online Resources

Developing a Training Calendar:
https://www.nationalservice.gov/resources/member-and-volunteer-development/encorps/developing-training-calendar

New Member Orientation:
https://www.nationalservice.gov/resources/member-and-volunteer-development/encorps/member-orientation

Teampedia (Encyclopedia of Teambuilding Activities):
http://www.teampedia.net/wiki/

Training and Development Topics:

FEMA Emergency Management Institute Independent Study Courses
https://training.fema.gov/is/

Conflict Resolution
http://www.crinfo.org/

**AmeriCorps Alums**
http://www.americorpsalums.org/

*Encourage Members to register with AmeriCorps Alums for networking and professional development opportunities.*